



**NORTH GOWER PARTNERSHIP**

# Relationships and Sexuality Education

## Growing Up



Information leaflet  
for parents and  
carers

The schools in the North Gower Partnership are participating in the Swansea Bay Healthy Schools Programme and as part of this work we will be teaching Relationships and

Sexuality Education through a consistent model.

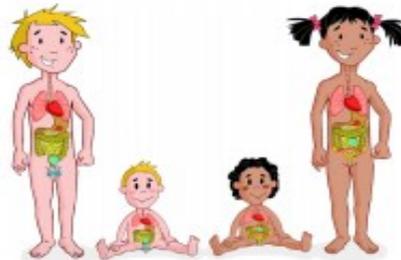
The purpose of this booklet is to provide you with information of what will be introduced to the children.

The terms we will be using are: penis, testicles, breasts and vagina.

Relationships and Sexuality Education will be introduced to the pupils through:

- Circle time activities
- 'Growing Up' resources
- ABM Personal Development and Healthy relationships lessons
- Story books
- Curriculum subjects, e.g. Science, RE
- Personal and Social Education

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### Reception, Year 1 and Year 2 lessons:

- Reception: Hand washing  
(delivered by the school nurse)
- Year 1: Oral Health
- Year 2: Myself as a baby  
Appropriate/Inappropriate touch

### Year 3 and 4 lessons:

- Year 3: Personal Qualities  
Friendship  
Looking after Me.
- Year 4: My family  
What is Love?  
A new baby

### Year 5 and 6 lessons:

- Year 5: What is puberty?  
Puberty and conception  
(delivered by school nurse)  
Emotional changes during puberty
- Year 6: Puberty and conception recap  
Conception to birth

If you wish to see any of the resources we will be using or for more information, please contact the school.



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### Learning Outcomes for Reception, Year 1 and Year 2

By the end of Year 2, pupils will be able to:

- Differentiate between appropriate and inappropriate touching.
- Use the correct words to name parts of the body, in order to differentiate between male and female private parts.



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### Learning Outcomes for Years 3 and 4

Following a series of lessons, pupils will:

- Understand the importance of their personal hygiene.
- Understand what to do or whom to go to when feeling unsafe.
- Take increasing responsibility for keeping the mind and body safe and healthy.
- Value families and friends as a source of mutual support.
- Develop respect for themselves and others.
- Understand how cultural and religious beliefs can affect the way people think.
- Respect difference and acknowledge the importance of equal opportunities.



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### Learning Outcomes for Years 5 and 6

Following a series of lessons, pupils will:

- Understand the reasons for the physical and emotional changes which take place during puberty.
- Learn about conception, pregnancy and birth.
- Understand the range of their own and others' feelings and emotions.
- Know what to do or who to turn to when they are not feeling safe.

